

Emergency call numbers for crisis situations

In a crisis, it is important to know, whom to turn to, especially if friends or family members are not available or involved in the problem. Here is an overview of the crisis services available in Oldenburg. Unless otherwise stated, services are available around the clock, 365 days a year.

Please note, that some of the following facilities do not provide English speaking personnel!

Police/emergency:	110
Emergency-Service/ Fire department:	112
Pastoral phone	0800-111 0 111 or 0800-111 0 222 or 116 123 Chat: https://online.telefonseelsorge.de/
Social Psychiatry Service of Oldenburg	0441-235-8662 Monday-Thursday: 08:00-12:00 and 13:30-15:30 Friday: 08:00-12:00 Additionally: Appointments by arrangement https://www.oldenburg.de/startseite/leben-umwelt/soziales/gesundheitsamt/beratung-und-publikationen/sozialpsychiatrischer-dienst.html <i>Social psychiatric services mainly offer ambulant counseling and support for people with mental illness. Their family members, friends, acquaintances and work colleagues can turn to the social psychiatry services as well.</i>
Karl-Jaspers-Clinic <i>Hospital for psychiatry and psychotherapy</i>	0441-96 150 Hermann-Ehlers-Straße 7 26160 Bad Zwischenahn www.karl-jaspers-klinik.de/
Karl-Jaspers-Clinic Crisis Outpatient Clinic <i>Outpatient treatment services for people in acute psychiatric crises</i>	0441-9615 1101 Monday-Thursday: 08:00-16:00 Friday: 08:00-14:30 It is possible to make an appointment by telephone at the times indicated. https://www.karl-jaspers-klinik.de/Behandlung/Spezielle_Behandlungsangebote/Krisenambulanz.php
Der Patientenservice (Emergency medical assistance service)	116 117 (nationwide telephone number)
Emergency psychosocial assistance service (non-medical)	0441-235-8626 mobile: 0177-6458668 Friday: 4 pm to 8 pm Saturday, Sunday and public holiday: 1 pm to 8 pm https://www.oldenburg.de/startseite/leben-umwelt/soziales/gesundheitsamt/beratung-und-publikationen/psychosozialer-krisendienst.html <i>The non-medical psychosocial emergency service of the city of Oldenburg is appropriate only for the urban area of Oldenburg. It is offered for mentally ill people in crisis during weekends and holidays, or suicidal people, their social environment and relatives. The crisis-office can be visited at the public health department. If necessary, the members of this service will visit affected individuals at home.</i>
Support Hotline: Violence against women	08000-116 016 – available in 17 languages! www.hilfetelefon.de
Asylum for battered women	0441-47981 https://www.frauenhaus-oldenburg.de/ (admission every time possible) If possible, bring along all available papers and documents (e.g. identity card, health insurance card, bank statements...) <i>The asylum for battered women is a shelter for women and children who are threatened or affected by physical, mental and sexual abuse.</i>